

ANTI-BULLYING PLAN

2024

Parramatta High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Parramatta High School

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Week 1, T1	Behaviour code for students and expectations are discussed at first day back assemblies.
Ongoing	Wellbeing Lessons and Year Assemblies designed to discuss issues around expectations.
Week 6, T3	National Day of Action Against Bullying and Violence Assembly/Roll Call Activity

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Week 10, T1	School Anti-Bullying Plan, link to policy and behaviour code for students to go out with Wellbeing Newsletter
Week 4, T2	Policy and Procedures revisited - update staff on responding to claims of bullying to go out with newsletter.
Week 6, T3	National Day of Action Against Bullying and Violence discussion and information sharing.

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

Casual staff: Receive the PBL steps and information in the casual teaching folders and are introduced to a supervisor/ executive to whom they can report any concerns of bullying.

New staff: Are inducted by HT Teaching and Learning to understand the school's systems, data and processes that promote positive behaviour including the school's response procedures to bullying.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Week 10, T1	Attach to Newsletter: Resilience in Our Teens (RIOT) Program implementation
Week 5, T2	Attachment to Newsletter: Behaviour code for students. What is bullying? How do we respond to bullying?
Week 5, T3	Attachment to Newsletter: Preventing Bullying Behaviours, Bystander Behaviours etc.
Week 10, T4	Attach to Facebook/Newsletter: information about National Day of Action Against Bullying @ PHS

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- * Explicit teaching of expected behaviours in different settings
- * Explicit teaching of how to access help if you or someone you know is being bullied at PHS
- * Wellbeing lessons with a focus on resilience and social-emotional learning
- * Targeted interventions including 'check-in, check-out' and individual behaviour response plans
- * Through PDHPE child protection and safety lessons where students are taught who they can turn to for help and how.
- * Implementation of Resilience in Our Teens (RIOT) Program in 2023.
- * Acknowledgment of National Day of Action Against Bullying, RUOK? Day and other events.
- * Wellbeing @ Parra Matters (Parent Edition) Website + Wellbeing @ Parra Matters (Student Edition) Website - to raise awareness about bullying behaviours and how to report bullying behaviours.

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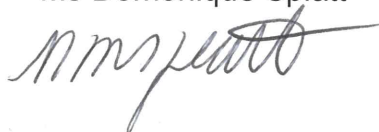
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Date: 31/1/24

Principal name: Ms Domonique Splatt

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Date: 31/1/24