

# Parramatters

Parramatta High School Newsletter  
FAX MENTIS INCENDIUM GLORIAE

**“The torch of the mind lights the path of glory”**

Our vision is to provide a holistic 21<sup>st</sup> century education which develops resilient individuals who are active and informed citizens, empowered to think critically and creatively, within an environment that values diversity, equity and resilience.

ISSUE 16| TERM 4| 25<sup>TH</sup> OCTOBER, 2019

Dear Parent / Carers

The HSC is well under way, as are our Yearly Exams. We wish everyone all the best with these and remind everyone to keep a balance in their preparations.

This Term has seen the installation of outdoor table tennis tables in the front quad area. It has been wonderful to see students participating in this activity, actively using their break times before school and during the lunch and recess periods.



We would like to remind our community about the importance of road safety and using the dedicated crossings around the school. We recently received an email from a concerned community member witnessing our students cross the Great Western Highway in traffic. Please have conversations with your children regarding safe travel to and from school.

As we get closer to the end of year please note that regular attendance at school is essential for students to achieve quality life outcomes.

Please refer to the attached information on school attendance.

[https://education.nsw.gov.au/student-wellbeing/media/documents/attendance-behaviour-engagement/attendance/attendance\\_parents.pdf](https://education.nsw.gov.au/student-wellbeing/media/documents/attendance-behaviour-engagement/attendance/attendance_parents.pdf)

Mr. Gokel & Mrs. Johnstone

## CALENDAR 2019

### TERM 4

**Week 3 & 4**  
**YEARLY EXAMS 7 - 10**

**Monday 28<sup>th</sup> October**  
E Makerbuino Workshop

**Tuesday 29<sup>th</sup> October**  
After school Coding  
Extra Curricular Dance  
Yr 8 Valid

**Wednesday 30<sup>th</sup> October**

**Thursday 31<sup>st</sup> October**  
After school Coding  
Maths Enrichment Club

**Friday 1<sup>st</sup> November**  
Extra Curricular Dance  
Girls Do the Maths : Careers Excursion

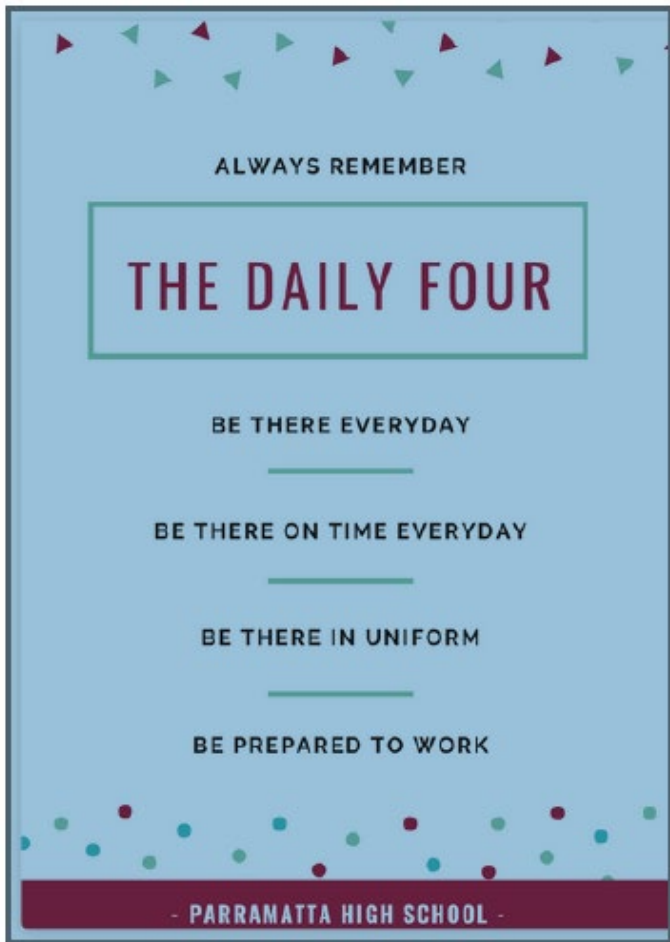
**Week 4**  
**Monday 4<sup>th</sup> November**  
E Makerbuino Workshop

**Tuesday 5<sup>th</sup> November**  
Extra Curricular Dance

**Wednesday 6<sup>th</sup> November**

**Thursday 7<sup>th</sup> November**  
Maths Enrichment Club

**Friday 8<sup>th</sup> November**



### *Attendance and absences*

Parents of children from Kindergarten to Year 12 must ensure their children attend school every day. On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstances e.g. attending a funeral

Parents must provide an explanation for absences to the school within 7 days from the first day of any period of absence. Where an explanation has not been received within the 7-day timeframe, the school will record the absence as unjustified on the student's record.



Thank you to all students and teachers participation at sport yesterday. Sports have all now been finalised and there will be no changes to the sport that you are in, If you are unsure of what sport you are in please check the sports noticeboard or your Sentral app next week. All students must check the sports noticeboard over the next week before Tuesday to see where you need to meet your teacher each week. It was great to see so many students wearing the correct uniform, please keep it up. Students that are sick, injured or wearing the incorrect uniform will need to go to room 30.



### Alan Davidson Shield

The boy's cricket team played well as a team yesterday and came away with a well fought win. We batted out the 40 overs despite losing some early wickets and Dhruv and Milan waggged the tail with an impressive partnership. We ended up posting a daunting 165 runs.

James Ruse never really got their innings going with our bowling attack taking regular wickets. Azhmet was our star bowler, with Milan, Dhruv and Kogulan also picking up wickets. For his performance with the bat and ball, Milan was the Man of the Match and our Sports Star of the week.

## The Phoenix Cup

Thank you to those students that have been keeping their Passport updated. Please keep filling out your extra-curricular activities and see Ms Mellas or myself to get your activities signed off. We are doing our next progress check from Monday next week so please drop your passports off to me in the PE Staffroom so we can update our leader board. Students that hand in their passports on or before Monday will receive 5 bonus points.

Please check the Phoenix Cup notice board outside room 10 for upcoming activities. If you have any questions please come and see us.

We had a number of our Phoenix Cup students enter into the Dorothea Mackellar Poetry competition earlier in the year, can the following students please come up to collect their certificate.

## Change Agents

Young Change Agents is a design-thinking based social entrepreneurship program for 10-18 year olds that helps our youth see problems as opportunities. Our programs also build the capacity of teaching teams in design thinking and social entrepreneurship.

Congratulations to Suhita Suryawanshi and Arpitha Thogarapalli Dinesh for doing a brilliant job this year.



## LIBRARY NEWS

### **Halloween Horror!**

**If you dare.....**



**come and borrow our Halloween Horror books!!!!!!**

### **Halloween Horror e-books**

Project Gutenberg is a website that offers free access to over 57,000 ebooks. All books accessible through this site are available through the public domain and are no longer bound by copyright restrictions. Check out the website, access a book and enjoy some reading!



# SaffRONdAY

#doitforDeyaan | 22 Oct 2019

Saffron Day honours the life of little Deyaan Udani, a bright seven year old boy with an infectious smile, who tragically passed away in 2016. Deyaan's parents' decision to donate his organs meant that four lives were saved as a result of this incredible gift.

## #doitforDeyaan on 22 October 2019

### STEP 1

Do it for Deyaan – register your decision to save lives as an organ & tissue donor at [donatelife.gov.au/saffronday](https://donatelife.gov.au/saffronday).

### STEP 2

Wear something orange and/or use the merchandise provided, take a photo and post on social media with the hashtags #SaffronDay #doitforDeyaan.

### STEP 3

Encourage family & friends to do the same.

## The significance of Saffron

Saffron symbolises courage and strength, qualities seen in little Deyaan. Saffron is especially important to the Udani family as orange was Deyaan's favourite colour.



**Shrimad Rajchandra Mission**  
Dharampur  
Australia

## Max Potential 2019

Max Potential is a student leadership project where students are teamed with a coach who works with them to develop a range of leadership skills and to help them develop a Social Justice project that the students can implement at school or in the community. The students gain many benefits from the program including:

- obtain hands on experience
- gain familiarity on how workplaces operate
- develop employability skills e.g. communication, teamwork, problem solving skills etc.
- provide information to future employers about their skills
- develop or improve their interpersonal skills
- explore potential career paths
- gain entry into other vocational training programs e.g. Certificate II in Active Volunteering or Certificate II in Health Support Services
- support their transitions to higher education pathways

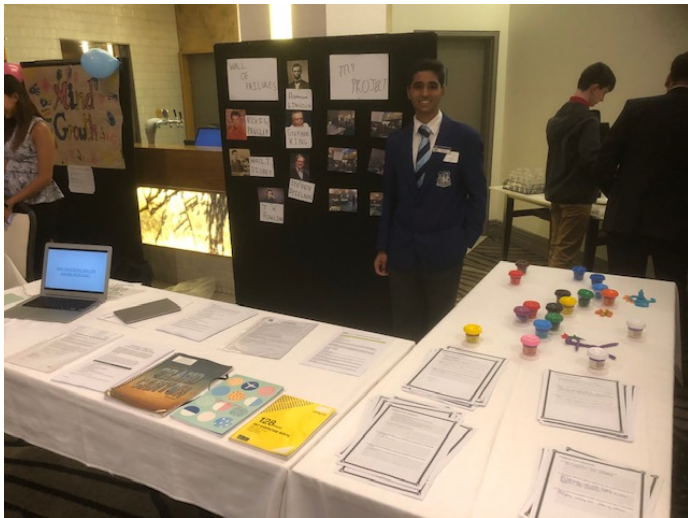
This year Parramatta High School had 5 year 11 students involved in the program, Sri Balasubraman, Varun Gupta, Sreyas Kompella, Sai Mathukumar and Kogulan Senthurchelvan . A showcase of their projects was held recently where they explained and displayed their projects and there was also a presentation ceremony.

Sri's project involved helping students de- stressing from study and exams and part of that was running yoga sessions at school for students. Varun's organised and ran a HSC tips and advice program where high achieving student's from previous years spoke to current students about the secrets of their success. Sreyas ran a meditation program for students and community members where they were spoken to about the benefits of meditation and practices techniques that they could use themselves. Sai and Kogulan ran similar programs where they helped the homeless by organising and distributing donations to those less well off than themselves.

All projects were a great success and our students were praised by the organisers of the program and their coaches as being a wonderful group of hard working students

All students have worked very hard at their projects and have developed many important leadership skills over the course of the program and have achieved goals they set for themselves at the start of the year. Congratulations to all them.





We would also like to acknowledge the Max Potential Organisation for allowing our students to be involved in such a valuable program and also thank Dooleys Lidcombe for their continued support of the program.