



Parramatters

Parramatta High School Newsletter
FAX MENTIS INCENDIUM GLORIAE



“The torch of the mind lights the path of glory”

Our vision is to provide a holistic 21st century education which develops resilient individuals who are active and informed citizens, empowered to think critically and creatively, within an environment that values diversity, equity and resilience.

ISSUE 14

TERM 4, 15TH OCTOBER 2021

PRINCIPAL’S REPORT



Dear Parent / Carers

As we begin week 3 and news of the return to on-site learning has circulated throughout the community, I can say that Parramatta High School staff and myself are very much looking forward to seeing a lot of happy and enthusiastic students back at school in the classroom, reconnecting with friends and teachers. We have been working hard on developing a return-to-school plan that endeavours to keep everyone safe and learning. Look out for the announcement of our plan in the middle of Week 3. But, for now....

Best wishes and stay safe,

Domonique Splatt
Principal

CALENDAR 2021

TERM 4

Weeks 2-5

Years 7-10 Yearly Exam Period

Week 3

Yr12 Connect Ed HSC Revision Sessions

Week 4

All Students return to on-site learning – 25th Oct



ENGLISH

POEM FOREST is a free nature writing prize that literally breathes life back into the natural world that sustains us.

Created by Red Room Poetry, in partnership with The Australian Botanic

Garden, *POEM FOREST* deepens our connection with nature by inviting students and communities to use their words to make positive climate action. For every nature poem received a tree is planted to help heal habitats and create a *POEM FOREST* for future generations.

Year 7 student, Wafa Kashif, entered her poem “Under the Sea” and it has been published on the Red Room Poetry website. Congratulations Wafa! <https://redroompoetry.org/student-poems/under-the-sea/>

Article I. Under The Sea

Under the sea I can see many animals and fish,
I can see a whale eating krill without a dish,
There are many things to see here and there,
There are many things to see everywhere!

Under the sea I can see a ship wreck,
Oh, look a boat!
Now I can see plastic everywhere,
and even a bag afloat!

Under the sea there are fishing rods and lines galore,
No matter where I look,
There's always more and more!

Under the sea, I can't see a place unharmed,
If only it could fight itself,
If only it was armed...

CAPA

Music

Got the Blues?

At the end of last term, Year 8 Music students were busy learning about the genre of Blues as part of their Guitar topic. They have been using their knowledge and skills to compose a Blues song for 2 guitars and an electric bass.

Composing this song required students to understand many components of blues music, including the Blues scale, 12 bar blues chord progressions and walking bass lines. Year 8 notated their compositions using an online notation platform and should be commended for their excellent work on this task.

Below is a link to an excellent example of a blues song by Jeremy Hu from 8C.

[🎵 JEREMY'S BLUES 🎵](#)

Visual Arts

Year 8 Digital Recreations

In Term 3, Year 8 Visual Arts students used Photopea to recreate scenes from the Japanese Edo Period.

Each artwork has been built meticulously from a multitude of different images, using digital art-making techniques. Our students have shown their tech-savvy and beautifully artistic skills through this modern medium!



Jheel Ghandi



Azaan Nadaf



Anjana Raisinghani

PDHPE

7PDHC have been looking at and discussing nutrition and positive food choices, and for their last PDHPE lesson of Term 3 they were asked to get creative with their food.

They were given a mission to use the knowledge they had developed and the ingredients that they could find in their house (after asking parents first of course) to create a healthy snack for themselves or another family member, but the catch was to make it look like Art on a Plate. These are some of the edible and healthy creations that were submitted.



It's been a year like none other for high school students, and as they get ready for their HSC and IB exams, we'd like to extend our best wishes to all your Year 12 students.

With one cohort finishing Year 12 and another starting, we know this is a time where your inbox may be overflowing. That's why we've created our Parents 1-1 consultations event to help answer some of those uni questions.

Parents 1-1 consultations

Personalised 1-1 consultations for parents will be hosted on 23 November and 14 December. This is an opportunity for parents to get their UTS questions answered on topics such as course content, admission requirements, student life, and more.

[Registrations are now open.](#)

Kind regards,
Jessica

CAREERS

Not long till we are all back together and I am looking forward to working with the senior year groups on a variety of careers ideas I have come up with in lockdown!

For now, I urge year 12 and the in-coming year 12 to keep an eye on the UAC website for updates on almost everything you need to know about when HSC results are out, when Uni offers begin ect. There are also some fantastic webinars on a variety of topics. I also recommend to you the WSU webinar series – they are excellent.

All students should have a look at our careers website [Jobjump](#) (password 'parra') for all the latest careers information from universities, TAFE and private providers.

I look forward to giving you some more information next newsletter when we are back at school.

For now, stay safe
Mrs Ibrahim



Year 12 Key Dates 2021

OPTION	DATE	DETAILS
SRS	4 Nov	Deadline to change preferences for Schools Recommendation Scheme offers.
HSC	9 Nov	HSC written examinations begin
SRS	12 Nov	Schools Recommendation Scheme offers released
EARLY ENTRY	28 Nov	University of Western Sydney True Reward application deadline

OPTION	DATE	DETAILS
HSC	3 Dec	HSC written examinations finish
EAS	17 Dec	Closing date for EAS applications
ATARs	20 Jan	ATARs released
EAS	20 Jan	EAS: Eligibility letters released
UAC APPLI-CATIONS	21 Jan	Deadline to change preferences for January Round offers
HSC	24 Jan	HSC results released
UAC APPLI-CATIONS	26 Jan	January Round offers released
EAS	4 Feb	EAS: Closing date for EAS applications
HSC		HSC important dates for practical and performance examinations

LIBRARY NEWS



Welcome to Term 4 everyone! Looking forward to seeing you back in the library soon. Thanks heaps to all students who involved themselves in the Australian Reading Hour! A special thankyou to Zoya Agharia for her creative contribution to the social media activity, based on her favourite Harry Potter books!



Have you explored the helpful links on our OLIVER News page? [Click](#) any of these images to find **Research Support**, **Subject Support**, and other **Library News Resources!** (More items will progressively be added in the future)

RESEARCH SUPPORT

Links you will find useful

[World Book eBooks](#) [Whealers Audiobooks](#)

[World Book Online](#)

[Fact Monster](#)
[ABC Splash](#)

[Trove and State Library NSW](#)

[Australian Museum](#)

[Clickview](#)

[Research Skills](#)

[Parramoodle](#)

[Project Gutenberg E-Books](#)

[Scootle](#)

[Kidsnews](#)



[Open Textbook Library](#)

[HSC Hub and NSW Hub](#)

[7news.com.au](#) (7 news linked site)

[Research Demonstration Video](#)

New resources [Show all items](#)

Check out all the latest resources in the library. NEW

If you find something you like in the list, you can make a reservation using your My Library link in portal. No need to come to the library anymore to make a reservation.

What's new Slideshow This slide

Become a Library Monitor, join the chess club or have fun finding your next great book!

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Featured Slideshow This slide

SUBJECT SUPPORT

HSC

[What is the ATAR? and do i need one?](#)

[Stay Healthy during the HSC](#)

[Guide for HSC students: Past Exams & Study Guides](#)

[NESA past HSC exam papers](#)

[Stage 6 Syllabus A-Z](#)

[How the State Library helps me with my HSC.](#)

PDHPE

[PDHPE Drug and Alcohol Information](#)

[HSC PDHPE GUIDE](#) - a comprehensive guide to PDHPE subjects including links to relevant websites

CAPA

YEAR 12 HSC REVISION AND PREPARATION PROGRAM

Term 4: Weeks 1 and 2

During Week 1 and 2 this term, Year 12 have undertaken a rigorous **online HSC revision and preparation program in their normally timetable cycle** to prepare them for their HSC. This has involved online class lectures delivered by teachers, instructional lessons reviewing course content and developing effective exam writing skills, simulated examination practice sessions, and effective study and writing skills sessions.

Term 4: Week 3

During Week 3, **a comprehensive program of HSC Workshops** will be delivered by an external company that Parramatta High School partners with called **Elevate: Connect Education**. **Ten HSC Revision workshops** will be delivered to students **via Zoom** by the Connect Education workshop leaders, and supervised by PHS teachers in the following courses: **Maths Standard, Maths Advanced, Maths Extension 1, Physics, Chemistry, Biology, Business Studies, Economics, Legal Studies and PDHPE**. Ms Splatt has generously devoted \$10,000.00 to fund this additional support program to maximise our HSC students' learning, HSC confidence and performance. Students had an option to enrol, and we are proud to say that a significant proportion of our students have enrolled and will engage in this program. Students participating in the program will be sent the Connect Education HSC Revision materials and Zoom link, and can ***pick up the hard copy of booklets from Ms Kougelos's office in Week 4 when they are back on the school site.*** At all other times throughout Week 3 where Year 12 students are not engaging in the Connect Education workshops, **all of our**

Year 12 student will be engaging in their **own personalised learning program of HSC revision study at home.**

Term 4: Weeks 4 and 5

From **Monday 25th October**, Week 4B and Week 5A, **Year 12 students will be returning to the school site** after a long period of absence **to engage in a further targeted HSC revision program in all courses with our brilliant Parramatta High School Year 12 teachers.** *Students and parents should keep an eye out for any PHS email and Google Classroom communications about any further adjustments that may need to be made to this part of our 5 week-long PHS HSC Revision and Preparation Program.*

Year 12 students will also have the opportunity in these 2 weeks to connect with their teachers, peers, specialist staff such as our Counselling Team, and their Year Advisors (Ms Williams, and Ms Nand) and Stage 6 Deputy Principal (Ms Kougelos) for any particular matters of concern and additional support.

Ms Kougelos and Ms Splatt will also provide students with VITAL INFORMATION on the Year 12 Google Classroom site and via Year 12-year group meetings in this period of time regarding:

- 2021 NESA HSC Rules and Procedures
- NESA Misadventure Illness process and protocols for HSC Examinations
- Covid-safe HSC Examination Timetable and Guidelines

NB: THE 2021 HSC EXAMINATION runs from Tuesday 9th November until Friday 3rd December.

Click [<here>](#) for PHS HSC REVISION AND PREPARATION PROGRAM

**Ms Kougelos
Deputy Principal (Stage 6)**

STEAM



Free Webinar Series: Meet a role model – Careers in STEM

What do an earth scientist, mathematician, ecologist and astrophysicist all have in common?

They are all part of the *Careers in STEM – Role Model webinar series* that STELR is running in Term 4 2021.

The weekly series gives students the opportunity to meet Australian scientists and engineers as role models, enabling them to be engaged and inspired through discussions and moderated Q&A sessions. Aimed at Years 5-12, the focus of the webinars is to show the varied routes to STEM careers and the diversity of work that is carried out.

Speakers – Term 4 2021

26 Oct – Dr Sabin Zahirovic: Earth Scientist
“What on earth is that?”

4 Nov - Dr Heiko Dietrich – Mathematician
“How do you become a professional Mathematician?”

11 Nov – Dr Erin Hahn - Conservation Genetics
“Would you like to time travel?”

16 Nov – Dr Hannah Robinson (Barley Breeder) & A/Prof Charlie Warren (Plant& Soil Biologist)
“From little thing, big things grow”

23 Nov – Dr Michelle Hall – Physiotherapy Researcher
“Keep on Moving”

25 Nov – A/Prof Roslyn Hickson – Mathematician
“Using Math to solve real world problems”

9 Dec – Dr Tayyaba Zafar - Astrophysicist & Astronomer
“Reach for the stars”

[REGISTER NOW](#) for as many sessions as you would like!

For further information visit our events page www.stelr.org.au/about/events or email stelr.admin@atse.org.au



PLEASE HELP US
FOLLOW THE CURRENT
NSW PUBLIC HEALTH ORDERS

VISITORS TO THIS BUILDING ARE REQUIRED TO



Use the QR code to check in via the Service NSW app or fill in the manual entry form



Be fully vaccinated & show staff your COVID-19 digital certificate



Wear a face mask



Hand sanitise as you enter

WELLBEING

HELPFUL TIPS FOR RETURNING TO HIGH SCHOOL

COVID 19 has required everyone to make changes: how we live, how we socialise, how we learn.

Everyone has a story about learning from home and while there are similarities, your story is unique.

Whatever your experience, it's normal to feel a wide range of emotions that may change from week to week. In returning to school, it's important to think about what will help you prepare for your return, manage any worries you might have and re-focus your thinking.

Your feelings are important. If you need to, there are lots of people you can talk to.



BE KIND TO YOURSELF

- Go easy on yourself – give yourself the same supportive advice that you'd give to a good friend.
- Life has been different and it may take time to adjust. Be realistic in your thinking about how long it might take.
- Talk with your teachers about your work and call out your current strengths and any challenges. They are there to help you.
- Contact a friend before the first day back and arrange a time and place to meet.
- Try and focus on the things you can control like trying your best with your school work and see change as an opportunity to learn and grow. Some things are out of our control and worrying can be tiring.
- Talk with your family and friends to help prepare yourself for returning to school.



GETTING READY

- Get organised before the day. You may have had a growth spurt while away – so check your uniform and shoes still fit.
- Check your timetable to know what lessons you'll be having - if in doubt ask your teacher or classmate
- Pack your bag the day before with everything you need.
- Be sure to have a mask and hand sanitiser. Your school will also have some supplies if needed.



SAFETY

- Know the rules around wearing masks at school and while travelling. If you need more information, look at your school's website and Facebook page, or contact a teacher or year adviser.
- Remember COVID safe practices are for the safety of everyone in the school community so follow all instructions on physical distancing and hand washing.
- If you feel unsafe, or are worried about safety, talk to a trusted adult in the school.



NSW Department of Education